

# INDEX TO VOLUME FORTY-FIVE

## A

<b>Antone, Gene</b>	<b>Distance Running in High School</b>	45- 6-54
<b>Arnold, Bruce</b>	<b>Building Better Offensive Linemen</b>	45- 9-27
<b>Assistant Coach, The Role of the</b>	<i>David Auxter and Anthero Nicolau</i>	45- 7-28
<b>Athletic Program? Do You Have a Well-Rounded</b>	<i>Dr. Eric Hughes</i>	45- 7-26
<b>Auxter, David</b>	<b>The Role of the Assistant Coach</b>	45- 7-28
 <b>B</b>		
<b>Badminton Drills</b>	<i>Harold H. Wolf</i>	45- 6-31
<b>Baker, Paul M.</b>	<b>Methods of High School Basketball Conditioning</b>	45- 2-42
<b>Baseball: Ball-Handling at Second Base</b>	<i>Ben Hines</i>	45- 7-16
<b>Baseball: Baseball, A Conditioning Program for</b>	<i>Dr. Jay A. Bender, Dr. Harold M. Kaplan, Alex J. Johnson</i>	45- 7-52
<b>Baseball: Baseball Drills for Small Gymnasiums, Indoor</b>	<i>Edwin E. Sundt</i>	45- 5-24
<b>Baseball: Baseball, Pre-Game Warm-Up for</b>	<i>Vincent Messina</i>	45- 8-97
<b>Baseball: Base Coaching</b>	<i>Don McCormick</i>	45- 6-48
<b>Baseball: Batting Practice — Do It Right</b>	<i>Jack Stallings</i>	45- 5-30
<b>Baseball: Bunting and Hitting to the Opposite Field, A Game Drill to Emphasize</b>		45- 8-24
<b>Baseball: Catching Faults, Major</b>	<i>Dr. Richard A. Enberg</i>	45- 7-56
<b>Baseball: Double Plays the Unusual Way</b>	<i>Jim Smilgoff</i>	45- 8-36
<b>Baseball: Fielding Skills, Defensive Drills for Developing</b>		45- 6-32
<b>Baseball: High School Hitter, Coaching the</b>	<i>Irv Brown</i>	45- 7-72
<b>Baseball: Hitting Practice, Four Station Method for</b>	<i>Frank Mariani</i>	45- 7-86
<b>Baseball: Key Fundamentals, Baseball's</b>	<i>Don Weiskopf</i>	45- 7-10
<b>Baseball: Nine Best Players, "The Baseball Scorebook Tabulator" Will Evaluate the</b>	<i>Thomas A. Petroff</i>	45- 7-88
<b>Baseball: Numbered Sign System, A</b>	<i>Harry L. Settino</i>	45- 8-94
<b>Baseball: Pick Offs Can Pay Off</b>	<i>Thomas J. Conroy</i>	45- 6-26
<b>Baseball: Pitchers, Footwork for</b>	<i>John Kachilla</i>	45- 6-42
<b>Baseball: Pitchers, Tips for</b>	<i>Ben A. Plotnicki</i>	45- 6-20
<b>Baseball: Program for Baseball, A Strength Building</b>	<i>Donald K. Edwards</i>	45- 6-12
<b>Baseball: Sinker, The</b>	<i>Don Weiskopf</i>	45- 6-14
<b>Baseball: Slider, The</b>	<i>Don Weiskopf</i>	45- 5-14
<b>Baseball: Unexpected Play, The</b>	<i>Edward Sebastianelli</i>	45- 9-72
<b>Baseball: Unsure Arms, A Cut-Off Play for</b>	<i>Edward Sebastianelli</i>	45- 7-92
<b>Basketball: Accurate Shooting, Purposeful Practice for</b>	<i>John A. Feldmann</i>	45- 2-30
<b>Basketball: Basketball Conditioning, Methods of High School</b>	<i>Paul M. Baker</i>	45- 2-42
<b>Basketball: Basketball Managers—A Key to Organization Success</b>	<i>Clayton J. Kowalk</i>	45- 1-28
<b>Basketball: Basketball, Officiating Fees for</b>	<i>Ed Batogowski, Jr.</i>	45- 9-10
<b>Basketball: Basketball Statistics Using a Tape Recorder, Correct</b>	<i>Art Summers</i>	45- 1-31
<b>Basketball: Basketball Strategies in 1964, Various</b>	<i>Nelson W. Nitchman</i>	45- 3-33
<b>Basketball: Combination Defense, Overcoming Offensive Height With the</b>	<i>James N. Johnston</i>	45- 4-23
<b>Basketball: Combination Offense, Zone Attack With a</b>	<i>Charles Winsor</i>	45- 3-32
<b>Basketball: Counter Options, Reverse Action for</b>	<i>Bob Blake</i>	45- 4-10
<b>Basketball: Defense, One, Is Enough</b>	<i>Jerry Swan</i>	45- 5-42
<b>Basketball: Defense, Pattern</b>	<i>Louis Kliewe</i>	45- 4-16
<b>Basketball: Defenses Deter Defeats</b>	<i>S. J. Picariello</i>	45- 5-20
<b>Basketball: Defensive Drills, Akron's "Basic 10"</b>	<i>Tony Laterza</i>	45- 1-110
<b>Basketball: Defensive Principles, Different</b>	<i>George Parker</i>	45- 4-15
<b>Basketball: Diagonal Cut Offense, Basketball's</b>	<i>Charles H. Obye</i>	45- 2-22

<b>Basketball: Emergency Offense, An</b>	<i>Ed Kernan</i>	45- 6- 8
<b>Basketball: Fundamentals the Thirty-Minute Way, All</b>	<i>Harry J. Oxford</i>	45- 4-40
<b>Basketball: Half-Court Press.. Why the</b>	<i>Charles Winsor</i>	45- 2-32
<b>Basketball: High Percentage Shots Against the Zone, Get</b>	<i>Ronald Elker</i>	45- 3-36
<b>Basketball: High Pivot Offense, An Offset</b>	<i>Chuck Orsborn</i>	45- 3-28
<b>Basketball: Intramural Basketball, An Rx for</b>	<i>Earl Eugene Gibbons</i>	45- 4-47
<b>Basketball: Junior High Offense, A Complete</b>	<i>Jim Tansley</i>	45- 3-68
<b>Basketball: Mechanical Defensive Pattern, The</b>	<i>Rex Grady</i>	45- 3-34
<b>Basketball: Not Press—Presses!</b>	<i>Marv Boesen</i>	45- 3-25
<b>Basketball: Offense for High Schools, Four Option</b>	<i>John F. Lawrey</i>	45- 2-48
<b>Basketball: Offense, The Disciplined</b>	<i>Al Burger</i>	45- 3-26
<b>Basketball: Percentage Play, The</b>	<i>John Filor</i>	45- 3-50
<b>Basketball: Pick and Roll, The—Components and Variations</b>		45- 2-24
<b>Basketball: Pressure Defenses, Attacking</b>	<i>Robert H. Joor</i>	45- 3-40
<b>Basketball: Reaction Teaching Techniques, Quincy College's</b>		45- 2-34
<b>Basketball: Reverse Action Offense, Four Options Off the</b>	<i>John G. Ortwerth</i>	45- 2-66
<b>Basketball: Single Post Attack</b>	<i>Al Freund</i>	45- 3- 8
<b>Basketball: Stalling Offense, The</b>	<i>Kenneth A. Hunter</i>	45- 5-48
<b>Basketball: State Basketball Tournaments, 1965</b>	<i>Oliver G. Turchi</i>	45- 9-48
<b>Basketball: Statistical and Chart Data—Advantages and Disadvantages</b>		45- 2-12
<b>Basketball: Tall Man, Drills for the</b>	<i>Wayne F. Case</i>	45- 3-20
<b>Basketball: T and 1, The</b>	<i>M. G. "Red" Severson</i>	45- 2-62
<b>Basketball: Training Versatility</b>	<i>John Sanborn</i>	45- 2- 9
<b>Basketball: Variation Offense, Single Post</b>	<i>Nat Gleaton</i>	45- 2-20
<b>Basketball: Warm-Up Drills, Pre-Game</b>	<i>William L. Wall</i>	45- 3-16
<b>Basketball: Zone Defense, The 1-1-3</b>	<i>E. Gordon Van Buren</i>	45- 2-56
<b>Basketball: Zone Defenses, Attacking the</b>	<i>Herb Livsey</i>	45- 4- 9
<b>Basketball: Zone Offense, A</b>	<i>Ed Hager</i>	45- 5-58
<b>Basketball: Zone Offense, Cut Through</b>	<i>Charles Batway</i>	45- 2-52
<b>Basketball: Zone Press, Scoring on the</b>	<i>H. F. Quandt</i>	45- 4- 8
<b>Batogowski, Ed, Jr., Officiating Fees for Basketball</b>	<i>John Barr</i>	45- 9-10
<b>Batway, Charles, A Zone Offense</b>		45- 5-58
<b>Behrendt, David, Incorporating the Kicking Game Into Game Strategy</b>		45- 9-18
<b>Bender, Dr. Jay A., A Conditioning Program for Baseball</b>		45- 7-52
<b>Benhase, Carl K., Using Diversity With the Inside Reverse</b>		45- 1-20
<b>Benson, Cyrus, Jr., Oklahoma Line Play: A Review</b>		45- 8-64
<b>Benson, Cyrus, Jr., The Drop-Back Pass</b>		45- 1-16
<b>Berry, Reuben, Offensive Backfield Fundamentals and Drills</b>		45- 1-64
<b>Black, Allen, A Quick and Easy Method of Player Evaluation</b>		45- 7-70
<b>Black, Allen, Thorough Scouting Reports With a Small Staff</b>		45- 1-72
<b>Blake, Bob, Reverse Action for Counter Options</b>		45- 4-10
<b>Blazek, Jack, Open Up Your Offense with the Quick Pitch</b>		45- 1- 9
<b>Boesen, Marv, Not Press—Presses!</b>		45- 3-25
<b>Books, New</b>		45- 1-56
<b>Books, New</b>		45- 3-45
<b>Books, New</b>		45- 4-44
<b>Books, New</b>		45- 5-60
<b>Books, New</b>		45- 7-108
<b>Books, New</b>		45- 8-98
<b>Books, New</b>		45- 9-47
<b>Books, New</b>		45-10-42
<b>Bowling, Spot</b>		45- 6-18
<b>Briner, Robert, Planning for Cross-Country Success</b>	<i>Dr. Richard J. Nelson</i>	45- 1-40
<b>Brown, Irv, Coaching the High School Hitter</b>		45- 7-72
<b>Bugliari, Miller A., Developing a Passing Game in Soccer</b>		45- 9-50
<b>Bula, Michael R., The Personal Liability of the Coach and Physical Education Teacher</b>		45-10-46
<b>Burch, Paul, Responsibilities in the "62" Defense</b>		45- 1-18
<b>Burger, Al, The Disciplined Offense</b>		45- 3-26

<b>C</b>	
Captains, Choosing and Using	45- 7- 9
<i>Dr. Don Veller</i>	
Case, Wayne F., Statistical and Chart Data—Advantages and Disadvantages	45- 2-12
Christensen, Donald, Backfield Challenge Drills	45- 9-59
Clohecy, Gene, Coaching the Quarter-Milers	45- 8-29
Coaches' Clinic	45- 1- 6
<i>John W. Durham</i>	
Coaches' Clinic	45- 2- 6
Coaches' Clinic	45- 3- 6
Coaches' Clinic	45- 4- 6
Coaches' Clinic	45- 5- 6
Coaches' Clinic	45- 6- 6
Coaches' Clinic	45- 7- 6
Coaches' Clinic	45- 8- 6
Coaches' Clinic	45- 9- 6
Coaches' Clinic	45-10- 6
Coaching Profession, Our	45- 6-34
<i>Charles H. Moser</i>	
Coaching School Directory	45-8-105
Coaching School Directory	45- 9-76
Conditioning: Conditioning Program for Athletes, A Winter	45- 3-54
<i>Bob Thompson</i>	
Conditioning: Isometrics—Solution	45- 3-48
<i>Herb Richey</i>	
Conroy, Thomas J., Pick Offs Can Pay Off	45- 6-26
Cousil, Roger L., The Dynamics of Entries in Diving	45- 9-14
Cox, Charles R., The Chute—Its Uses in Teaching Football Fundamentals	45- 9-56
Cox, Charles R., The Short Side Running Attack	45- 7-58
<b>D</b>	
Darr, John, Scoring on the Zone Press	45- 4- 8
Dickinson, Dr. Arthur L., Resistance Exercise tailored to Fit the Javelin Thrower	45- 7-32
Doolittle, John H., A New Look at European Javelin Technique	45- 6-22
Durham, John W., Post-Practice Conditioning Drills for Football	45- 5-22
Durham, John W., The Emergency Defense	45- 9- 8
<b>E</b>	
Eck, Alan, Coaching the 880 Relay	45- 7-62
Ecker, Tom, No More Guessing in Fiberglass Vaulting	45- 7-36
Ecker, Tom, The Fiberglass Vault	45- 8-30
Edwards, Donald K., A Strength Building Program for Baseball	45- 6-12
Ekker, Ronald, Get High Percentage Shots Against the Zone	45- 3-36
Enberg, Dr. Richard A., A Game Drill to Emphasize Bunting and Hitting to the Opposite Field	45- 8-24
<b>F</b>	
Facilities and Equipment: All-Weather Surfaces More Meaningful, Making	45- 5-40
<i>Evan A. Gagnon</i>	
Facilities and Equipment: Safe Athletic Fields	45-10-34
<i>Harry Wilcox</i>	
Facilities and Equipment: Yard Markers, Build Your Own	45- 1-92
<i>Robert S. Tupper</i>	
Feldmann, John A., Purposeful Practice for Accurate Shooting	45- 2-30
Fickinger, William, New Twist for the Spread Punt	45-1-102
Films, New	45- 7-109
Films, New	45- 9-47
Films, New	45-10-45
Filor, John, The Percentage Play	45- 3-50
Finley, Charles, Offensive Backfield Fundamentals and Drills	45- 1-64
Fisher, Richard B., Coordinated Zone Pass Defense	45- 1-36
Football: Backfield Challenge Drills	45- 9-59
<i>Donald Christensen and Thomas Roe</i>	
Football: Box Formation	45- 9-54
<i>James Refosco</i>	
Football: Chute—Its Uses in Teaching Football Fundamentals, The	45- 9-56
<i>Charles R. Cox</i>	
Football: Coaching School Tidbits	45- 2-18
<i>Nelson W. Nitchman</i>	
Football: Conditioning and Agility Work	45- 8-48
<i>Bruce Pickford</i>	
Football: Defense Directory, The	45- 8-12
<i>Drew Tallman</i>	
Football: Defenses, Combination	45- 8- 8
<i>Bob Shelton</i>	
Football: Double Bandit, The	45- 8-44
<i>Bob Troppmann</i>	
Football: Drop-Back Pass, The	45- 1-16
<i>Cyrus Benson, Jr.</i>	
Football: Eight-Man, The I in	45- 1-22
<i>Gary Olson</i>	
Football: Emergency Defense, The	45- 9- 8
<i>John W. Durham</i>	
Football: Ends, Releasing the	45- 8-54
<i>Vic Rowen</i>	
Football: Ends, The All-Important	45- 8-42
<i>Dom Paradise</i>	
Football: Football Fitness, Testing for	45- 7-34
<i>Charles E. Piper, Jr.</i>	
Football: Football, Post-Practice Conditioning Drills for	45- 5-22
<i>John W. Durham</i>	
Football: Four End Offense, The	45- 9-52
<i>Jerry Wyness</i>	
Football: Game Strategy, Incorporating the Kicking Game Into	45- 9-18
<i>David Behrendt</i>	
Football: Group Defenses, Simplified	45- 1-44
<i>Robert N. Pavlich</i>	
Football: High School Wing T, Simplified Rule Blocking for the	45- 7-54
<i>Jim Harrison</i>	
Football: "I" in Isolate, The	45-10-12
<i>Paul Massey</i>	
Football: Inside Belly, Trapping Off the	45- 9-42
<i>Howard Taft</i>	
Football: Inside Reverse, Using Diversity With the	45- 1-20
<i>Carl K. Benhase</i>	
Football: Kick-Off Returns, Double-Team Blocking on	45- 8-52
<i>R. Dale Schallert</i>	
Football: Line Play: Oklahoma, A Review	45- 8-64
<i>Cyrus Benson, Jr.</i>	
Football: Man-for-Man Pass Defense, Attacking the	45- 9-22
<i>Burt Hable</i>	
Football: Multiple Offense, Exploiting the Left Side With a	45- 1-78
<i>Ben Harris and Ed Jeffries, Jr.</i>	
Football: Multiple Sets, Balanced and Unbalanced Line	45- 1-42
<i>Dom Paradise</i>	
Football: Odd Defenses, Pass Protection and Draw Blocking Versus	45- 1-96
<i>Kenneth Ralston</i>	
Football: Offense, Open Up Your, With the Quick Pitch	45- 1- 9
<i>Jack Blazek</i>	
Football: Offensive Backfield Fundamentals and Drills	45- 1-64
<i>Reuben Berry and Charles Finley</i>	
Football: Offensive Blocker, The Man-in-Motion as an	45- 1-54
<i>Vic Rowen</i>	
Football: Offensive Linemen, Building Better	45- 9-27
<i>Bruce Arnold</i>	
Football: On-Side Kick-Offs, A New Idea in	45-1-103
<i>Don Tallman</i>	
Football: Open Field Play	45- 9-16
<i>Lawrence Whittier</i>	
Football: Parents, To the	45- 8-19
<i>Don Read</i>	
Football: Pass Receiver, Developing Faking Ability in a	45- 9-36
<i>Vic Rowen</i>	
Football: Player Evaluation, A Quick and Easy Method of	45- 7-0
<i>Allen Black</i>	
Football: Receiver's Pass Catching Ability, Improve the	45-10-13
<i>Vic Rowen</i>	
Football: Roll-Out Pass as a Goal Line Offense, The	45-10-24
<i>Wallace Hood</i>	
Football: Running Attack, The Short Side	45- 7-58
<i>Charles R. Cox</i>	
Football: Running Numbers	45-10-26
<i>Drew Tallman</i>	
Football: Scouting Reports With a Small Staff, Thorough	45- 1-72
<i>Allen Black</i>	
Football: Single Wing, Defensing the, With a Basic 6-3-2	45- 1-90
<i>John P. Willson</i>	
Football: "62" Defense, Responsibilities in the	45- 1-18
<i>Paul Burch</i>	
Football: Slot 6 Defense, The	45- 7-76
<i>Jack Wales</i>	
Football: Spread Punt, New Twist for the	45-1-102
<i>William Fickinger</i>	
Football: Stacked Six Defense, The	45-10-18
<i>Frank Mach</i>	
Football: Staggered Stance for Your Wing T Quarterback, Try the	45-10- 8
<i>Bob Thompson</i>	
Football: Tennessee 60 Defenses	45-10-36
<i>George T. Wright</i>	
Football: T Numbering System With Multiple Sets, Ritenour's	45- 8-41
<i>Rhod Reaves</i>	
Football: Winged Slot, The	45- 9-12
<i>Henry Harlow</i>	
Football: Zone Pass Defense, Coordinated	45- 1-36
<i>Richard B. Fisher</i>	
For Your Bulletin Board: Ball Gymnastics	45- 9-44
For Your Bulletin Board: Center Play in Football	45- 1-58

1-16	For Your Bulletin Board: Fielding in Baseball .....	45- 8-60
1-22	For Your Bulletin Board: Physical Fitness Exercises .....	45- 3-42
9-8	Frasier, Jerry, Mechanics of the Javelin .....	45- 8-78
8-34	Freese, Gene, A New Approach to Weight Control for Wrestling .....	45- 6-10
8-42	Freund, Al, Four Options Off the Reverse Action Offense .....	45- 2-66
<b>G</b>		
7-34	Gagnon, Evan A., Making All-Weather Surfaces More Meaningful .....	45- 5-40
5-22	Gargiulo, William C., Evolution in Wrestling .....	45- 3-14
9-52	Gargiulo, William C., Wrestling's Parallel-Perpendicular Axiom .....	45- 5- 8
9-18	Gibbons, Earl Eugene, An Rx for Intramural Basketball .....	45- 4-47
1-44	Gleaton, Nat, Training Versatility .....	45- 2- 9
9-42	Grady, Rex, The Mechanical Defensive Pattern .....	45- 3-34
<b>H</b>		
7-54	Hable, Burt, Attacking the Man-for-Man Pass Defense .....	45- 9-22
10-12	Hager, Ed, Attacking the Zone Defenses .....	45- 4- 9
9-42	Hamilton, Paul "Rusty," Isometrics Are For Tennis Too .....	45- 6-36
1-20	Hauke, Elmer, Obligations of an Athlete .....	45-10-41
9-42	Harlow, Henry, The Winged Slot .....	45- 9-12
1-20	Harris, Ben, Exploiting the Left Side With a Multiple Offense .....	45- 1-78
8-52	Harrison, Jim, Simplified Rule Blocking for the High School Wing T .....	45- 7-54
8-64	Heffner, Fred, Competitive Use of Pool Facilities .....	45- 4-38
9-22	Hess, Marvin G., Blaine Lindgren—Silver Medal Winner .....	45- 7-74
1-78	Hines, Ben, Ball-Handling at Second Base .....	45- 7-16
1-42	Hood, Wallace, The Roll-Out Pass as a Goal Line Offense .....	45-10-24
1-96	Hughes, Dr. Eric, Do You Have a Well-Rounded Athletic Program? .....	45- 7-26
1-9	Hunter, Kenneth A., Single Post Attack .....	45- 3- 8
<b>I</b>		
1-96	Interval Training, Adapting, to Other Sports .....	45- 3-60
1-9	<i>Richard Terry</i>	
1-64	Intramural Injuries, Prevention, Care, and Concern for .....	45- 7-84
1-54	<i>Dr. David O. Matthews</i>	
1-103	Intramural Participation, Trophies for .....	45- 8-80
1-92	<i>William J. Kelsey</i>	
1-103	Items, New .....	45- 1-104
1-96	Items, New .....	45- 2-72
1-54	Items, New .....	45- 3-74
1-103	Items, New .....	45- 4-52
1-96	Items, New .....	45- 5-66
1-819	Items, New .....	45- 6-66
1-936	Items, New .....	45- 7-116
1-70	Items, New .....	45- 8-102
1-103	Items, New .....	45- 9-74
1-103	Items, New .....	45-10-49
<b>J</b>		
10-13	Jacobson, Thomas J., Coaching the Backstroke Turn .....	45- 3-18
10-24	Jeffries, Ed Jr., Exploiting the Left Side With a Multiple Offense .....	45- 1-78
7-58	Johnson, Alex J., A Conditioning Program for Baseball .....	45- 7-52
10-26	Johnston, James N., Overcoming Offensive Height With the Combination Defense .....	45- 4-23
1-72	Joor, Robert H., The Pick and Roll—Components and Variations .....	45- 2-24
1-90	Jordan, William L., Liability and School Athletics .....	45- 1-76
<b>K</b>		
1-18	Kachilla, John, Footwork for Pitchers .....	45- 6-42
7-76	Kaplan, Dr. Harold M., A Conditioning Program for Baseball .....	45- 7-52
1-102	Kapral, Lieut. Frank, Takedowns .....	45- 4-18
10-18	Kelsey, William J., Trophies for Intramural Participation .....	45- 8-80
1-841	Kernan, Ed, An Emergency Offense .....	45- 6- 8
9-12	Ketcham, Kenneth G., Defensive Drills for Developing Fielding Skills .....	45- 6-32
10-36	Kliewe, Louis, Patter Defense .....	45-4-16
10-36	Kowalk, Clayton J., Basketball Managers—A Key to Organization Success .....	45- 1-28
1-44	Kressler, Raymond T., Motivation for Track and Field Athletics .....	45- 5-46
1-58	Krumdick, Victor F., Physiological, Psychological Aspects of Marathon Training for Distance Runners .....	45- 8-68
<b>L</b>		
6-136	Laterza, Tony, Akron's "Basic 10" Defensive Drills .....	45-1-110
9-44	Laulunen, Gene, Using Basketball Half-Time to Promote Track .....	45-10-48
1-58	Lawrey, John F., Four Option Offense for High Schools .....	45- 2-48
<b>M</b>		
Learning Process, Understanding the .....	45- 3-52	
<i>Dr. Robert N. Singer</i>		
Liability of the Coach and Physical Education Teacher, The Personal .....	45-10-41	
<i>Elmer Hanebutt</i>		
Livsey, Herb, The 1-1-3 Zone Defense .....	45- 2-56	
Lumian, Norman C., Physiological, Psychological Aspects of Marathon Training for Distance Runners .....	45- 8-68	
<b>N</b>		
Mach, Frank, The Stacked Six Defense .....	45-10-18	
MacNeill, Lou, Getting the Most Out of the Least in Swimming .....	45- 1-70	
Mariani, Frank, Four Station Method of Hitting Practice .....	45- 7-86	
Massey, Paul, The "I" in Isolate .....	45-10-12	
Matthews, Dr. David O., Prevention, Care, and Concern for Intramural Injuries .....	45- 7-84	
McCormick, Don, Base Coaching .....	45- 6-48	
McKeon, John L., The Offensive Use of the Throw-In .....	45- 2-35	
McKeon, John L., The Throw-In Is Back .....	45- 1-12	
Messina, Vincent, Pre-Game Warm-Up for Baseball .....	45- 8-97	
Moore, Steve, Prevention and Treatment of Contusions of the Thigh .....	45- 3-38	
Morris, Howard, The Use of Statistics and Publicity As a Means of Promoting and Improving a Wrestling Program .....	45- 3-30	
Moser, Charles H., Our Coaching Profession .....	45- 6-34	
<b>O</b>		
Obligations of an Athlete .....	45-10-41	
<i>Elmer Hanebutt</i>		
Obye, Charles H., Basketball's Diagonal Cut Offense .....	45- 2-22	
Olson, Gary, The I in Eight-Man .....	45- 2-22	
Olszewski, Joe, Three Basics for Instant Swimming .....	45- 5-26	
Orsburn, Chuck, An Offset High Pivot Offense .....	45- 3-28	
Ortwerth, John G., Quincy College's Reaction Teaching Techniques .....	45- 2-34	
Oxford, Harry J., All Fundamentals the Thirty-Minute Way .....	45- 4-40	
<b>P</b>		
Paradise, Dom, Balanced and Unbalanced Line Multiple Sets .....	45- 1-42	
Paradise, Dom, The All-Important Ends .....	45- 8-42	
Parker, George, Different Defensive Principles .....	45- 4-15	
Pavlich, Robert N., Simplified Group Defenses .....	45- 1-44	
Petroff, Thomas A., "The Baseball Scorebook Tabulator" Will Evaluate the Nine Best Players .....	45- 7-88	
Picariello, S. J., Defenses Deter Defeats .....	45- 5-20	
Pickford, Bruce, Conditioning and Agility Work .....	45- 8-48	
Piper, Charles E. Jr., Testing for Football Fitness .....	45- 7-34	
Pitchford, Keith, Isometrics Are for Tennis Too .....	45- 6-36	
Plotnicki, Ben A., Tips for Pitchers .....	45- 6-20	
Potential in Future Athletes, Testing the .....	45-10-22	
Powell, Dr. John T., How to Introduce Hurdling .....	45- 5-18	
Powell, Dr. John T., How to Introduce Starting and Sprinting .....	45- 4-12	
Powell, Dr. John T., Josef Schmidt—Olympic Champion in the Triple Jump .....	45- 9-40	
Price, Fred, Attacking Pressure Defenses .....	45- 3-40	
Prins, James, Testing the Potential in Future Athletes .....	45-10-22	
<b>Q</b>		
Quandt, H. F., Cut Through Zone Offense .....	45- 2-52	
<b>R</b>		
Ralston, Kenneth, Pass Protection and Draw Blocking Versus Odd Defenses .....	45- 1-96	
Read, Don, To the Parents .....	45- 8-19	
Reaves, Rhod, Ritenour's T Numbering System With Multiple Sets .....	45- 8-41	
Refosco, James, Box Formation .....	45- 9-54	
Reichenbach, James E., Developing a Self-Supervised Fitness Program for High School Athletes .....	45-10-16	
Richey, Herb, Solution—Isometrics .....	45- 3-48	
Roe, Thomas, Backfield Challenge Drills .....	45- 9-59	
Ross, Wilbur L., Step Up the Hurdle Interval .....	45- 8-66	
Rowen, Vic, Developing Faking Ability in a Pass Receiver .....	45- 9-36	

Rowen, Vic, Improve the Receiver's Pass Catching Ability	45-10-13
Rowen, Vic, Releasing the Ends	45- 8-54
Rowen, Vic, The Man-in-Motion as an Offensive Blocker	45- 1-54
 <b>S</b>	
Sanborn, John, The T and I	45- 2-62
Schallert, R. Dale, Double-Team Blocking on Kick-Off Returns	45- 8-52
Schmid, Melvin R., The Offensive Use of the Throw-In	45- 2-35
Schmid, Melvin R., The Throw-In Is Back	45- 1-12
School Athletics, Liability and	45- 1-76
<i>William L. Jordan</i>	
Sebastianelli, Edward, A Cut-Off Play for Unsure Arms	45- 7-92
Sebastianelli, Edward, The Unexpected Play	45- 9-72
Self-Supervised Fitness Program for High School Athletes, Developing a	45-10-16
<i>James E. Reichenbach</i>	
Settino, Harry L., A Numbered Sign System	45- 8-94
Severson, M. G. "Red," Drills for the Tall Man	45- 3-20
Shelton, Bob, Combination Defenses	45- 8- 8
Simon, J. Malcolm, Dead Ball Situations in Soccer	45- 2-16
Simon, J. Malcolm, Simple and Advanced Soccer Plays and Maneuvers	45- 1-48
Singer, Dr. Robert N., Understanding the Learning Process	45- 3-52
Slee, Dennis, Swimming Program for California High School Coaches	45- 8-34
Smilgoff, Jim, Major Catching Faults	45- 7-56
Smith, John T., Decathlon for Junior High Through College	45- 9-34
Soccer: Soccer, Dead Ball Situations in	45- 2-16
<i>Malcolm J. Simon</i>	
Soccer: Soccer, Developing a Passing Game in	45- 9-50
<i>Miller A. Bupliari</i>	
Soccer: Soccer Plays and Maneuvers, Simple and Advanced	45- 1-48
<i>J. Malcolm Simon</i>	
Soccer: Throw-In Is Back, The	45- 1-12
<i>John L. McKeon and Melvin R. Schmid</i>	
Soccer: Throw-In, The Offensive Use of the	45- 2-35
<i>John L. McKeon and Melvin R. Schmid</i>	
Stallings, Jack, Batting Practice—Do It Right	45- 5-30
Summers, Art, Correct Basketball Statistics Using a Tape Recorder	45- 1-31
Sundt, Edwin E., Indoor Baseball Drills for Small Gymnasiums	45- 5-24
Swan, Jerry, One Defense Is Enough	45- 5-42
Swimming: Backstroke Turn, Coaching the	45- 3-18
<i>Thomas J. Jacobson</i>	
Swimming: California High School Coaches, Swimming Program of	45- 8-34
<i>Dennis Slee</i>	
Swimming: Diving, The Dynamics of Entries in	45- 9-14
<i>Roger L. Connell</i>	
Swimming: Forward Three and One-Half Somersault, Mechanics of the Tuck Position in Executing the	45- 5-19
<i>Ford W. Winter</i>	
Swimming: Instant Swimming, Three Basics for	45- 5-26
<i>Joe Olszewski</i>	
Swimming: Pool Facilities, Competitive Use of	45- 4-38
<i>Fred Hellner</i>	
Swimming: Swimming, Getting the Most Out of the Least in	45- 1-70
<i>Lou MacNeill</i>	
 <b>T</b>	
Taft, Howard, Trapping Off the Inside Belly	45- 9-42
Tallman, Don, A New Idea in On-Side Kick-Offs	45-1-103
Tallman, Drew, The Defense Directory	45- 8-12
Tallman, Drew, Running Numbers	45-10-26
Tansey, Jim, A Complete Junior High Offense	45- 3-68
Tennis: Tennis, Isometrics Are for, Too	45- 6-36
<i>Keith Pitchford and Paul "Rusty" Hamilton</i>	
Terry, Richard, Adapting Interval Training to Other Sports	45- 3-60
Thompson, Bob, A Winter Conditioning Program for Athletes	45- 3-54
Thompson, Bob, Try the Staggered Stance for Your Wing T Quarterback	45-10- 8
Track and Field: Blaine Lindgren — Silver Medal Winner	45- 7-74
<i>Marvin G. Hess</i>	
Track and Field: Cross-Country Success, Planning for	45- 1-40
<i>Bruce L. Waka and Robert Briner</i>	
Track and Field: Decathlon, Training for the	45- 7-30
<i>Richard Wotroba</i>	
Track and Field: Distance Running in High School	45- 6-54
<i>Gene Antone</i>	
Track and Field: 880 Relay, Coaching the	45- 7-62
<i>Alan Eck</i>	
Track and Field: Fiberglass Vault, The	45- 8-30
<i>Tom Ecker</i>	
Track and Field: Fiberglass Vaulting, No More Guessing in	45- 7-36
<i>Tom Ecker</i>	
Track and Field: Honor Roll, National	45- 5-34
Track and Field: Hurdle Interval, Step Up the	45- 8-66
<i>Wilbur L. Ross</i>	
Track and Field: Hurdling, How to Introduce	45- 5-1
<i>Dr. John T. Powell</i>	
Track and Field: Javelin, Mechanics of the	45- 8-7
<i>Jerry Frasier</i>	
Track and Field: Javelin Technique, A New Look at European	45- 6-2
<i>John H. Doolittle</i>	
Track and Field: Javelin Thrower, Resistance Exercise Tailored to Fit the	45- 7-3
<i>Dr. Arthur L. Dickinson</i>	
Track and Field: Junior High Through College, Decathlon for	45- 9-3
<i>John T. Smith</i>	
Track and Field: Marathon Training for Distance Runners, Physiological, Psychological Aspects of	45- 3-8
<i>Norman C. Lumian and Victor F. Krumnick</i>	
Track and Field: Quarter-Milers, Coaching the	45- 8-2
<i>Gene Clohecy</i>	
Track and Field: "Rut" Shot Putting Isometrically With the	45- 7-3
<i>Bob Wall</i>	
Track and Field: Starting and Sprinting, How to Introduce	45- 4-1
<i>Dr. John T. Powell</i>	
Track and Field: Starting Demonstrated By U. S. Olympic Sprinters	45- 7-4
Track and Field: Track and Field Athletics, Motivation for	45- 5-4
<i>Raymond T. Kressler</i>	
Track and Field: Track and Field, Circuit Training for	45- 6-4
<i>Jack F. Warner</i>	
Track and Field: Track in the High Schools	45- 3-9
Track and Field: Track Meet, California Repeats Win in Nineteenth Annual	45- 5-3
Track and Field: Triple Jump, Josef Schmidt—Olympic Champion in the	45- 9-4
<i>Dr. John T. Powell</i>	
Track and Field: Using Basketball Half-Time to Promote Track	45-10-4
<i>Gene Laulunen</i>	
Track and Field: Work and Fun in Cross-Country and Distance Running	45-10-9
<i>M. Thomas Woodall</i>	
Training: Contusions of the Thigh, Prevention and Treatment of	45- 3-35
<i>Steve Moore</i>	
Troppmann, Bob, The Double Bandit	45- 8-4
Tucci, Ruben J., Double Plays the Unusual Way	45- 8-6
Tupper, Robert S., Build Your Own Yard Markers	45- 1-9
Turchi, Oliver G., The Stalling Offense	45- 5-48
 <b>V</b>	
Van Buren, E. Gordon, Pre-Game Warm-Up Drills	45- 3-16
Veller, Dr. Don, Choosing and Using Captains	45- 7-9
Volleyball, Point Getting in	45- 5-38
<i>Thomas J. Watman</i>	
 <b>W</b>	
Waha, Bruce L., Planning for Cross-Country Success	45- 1-40
Wales, Jack, The Slot 6 Defense	45- 7-76
Wall, Bob, Shot Putting Isometrically With the "Rut"	45- 7-52
Wall, William L., Single Post Variation Offense	45- 2-20
Warner, Jack F., Circuit Training for Track and Field	45- 6-46
Watman, Thomas J., Point Getting in Volleyball	45- 5-38
Weiskopf, Don, Baseball's Key Fundamentals	45- 7-10
Weiskopf, Don, The Sinker	45- 6-14
Weiskopf, Don, The Slider	45- 5-14
Whittier, Lawrence, Open Field Play	45- 9-16
Wilcox, Harry, Safer Athletic Fields	45-10-34
Willson, John P., Defensing the Single Wing With a Basic 6-3-2	45- 1-40
Winsor, Charles, Why the Half-Court Press?	45- 2-32
Winsor, Charles, Zone Attack With a Combination Offense	45- 3-32
Winter, Ford W., Mechanics of the Tuck Position in Executing the Forward Three and One-Half Somersault	45- 5-19
Wolf, Harold H., Badminton Drills	45- 6-31
Woodall, M. Thomas, Work and Fun in Cross-Country and Distance Running	45-10-33
Wotruba, Richard, Training for the Decathlon	45- 7-39
Wrestling: Perpendicular Axiom—Wrestling's Parallel	45- 5-8
<i>William C. Gargiulo</i>	
Wrestling: Takedowns	45- 4-18
<i>Lieut. Frank Kapral</i>	
Wrestling: Wrestling, A New Approach to Weight Control for	45- 6-10
<i>Gene Freese</i>	
Wrestling: Wrestling, Evolution in	45- 3-14
<i>William C. Gargiulo</i>	
Wrestling: Wrestling Program, The Use of Statistics and Publicity As a Means of Promoting and Improving a	45- 3-30
<i>Howard Morris</i>	
Wright, George T., Tennessee 60 Defenses	45-10-36
Wyness, Jerry, The Four End Offense	45- 9-52

5- 5-1  
5- 8-7  
5- 6-2  
5- 7-3  
5- 9-3  
5- 3-4  
5- 3-2  
5- 7-4  
5- 4-1  
5- 7-4  
5- 5-4  
5- 6-4  
5- 3-3  
5- 5-3  
5- 9-4  
5-10-4  
5-10-3  
5- 3-38  
5- 8-4  
5- 8-9  
5- 1-92  
5- 5-48  
5- 3-16  
5- 7- 9  
5- 5-38  
  
5- 1-40  
5- 7-76  
5- 7-82  
5- 2-20  
5- 6-46  
5- 5-38  
5- 7-10  
5- 6-14  
5- 5-14  
5- 9-16  
5-10-34  
  
5- 1-40  
5- 2-32  
5- 3-32  
  
5- 5-19  
5- 6-31  
  
5-10-36  
5- 7-30  
5- 5- 8  
5- 4-18  
  
5- 6-10  
5- 3-14  
  
5- 3-30  
5-10-36  
5- 9-52

RNAL